



Relationship Quiz

1. Reviewing your romantic relationships from high school on, look to see if any of the following applies to you.

1. My relationships all last roughly the same length of time before declining. Y/N
2. My spouse is not unlike my parent of the same sex. Y/N
3. I seem to attract the same kind of person to be in relationship with each time. Y/N
4. I seem unable to sustain a long term relationship. Y/N
5. I always end up getting hurt. Y/N

If you answered **YES** to any of these questions, there is an underlying energetic pattern that is causing you to keep recreating these circumstances as opportunities to heal something deep within you.

Radical Forgiveness will help you heal whatever it is that needs to be healed and will automatically dissolve those patterns. You don't even have to know what the underlying issue is or was. The tools provided in the book or the processes that you will learn in the workshops featured on this site will free you from the patterns automatically.

2. Have any of the following repeatedly shown up in all your relationships?

- Betrayal
- Abandonment
- Severe Disrespect
- Being Discounted and Ignored
- Lies and Withholding of Information
- Control and Manipulation
- Cheating Physical Abuse
- Emotional Abuse
- Severe Rejection
- Punishment
- Other

If so, it is a reflection of a core-negative belief that you deserve to be treated in this way. Someone planted that idea in your mind at some time. *Radical Forgiveness will help you dissolve that from your consciousness so you will cease to bring that into your life in the future.*